**PRESS RELEASE – WITHOUT ME**

**You can’t run away from appreciation.**

Without Me, is a light-hearted story about a runaway child, who wants to leave home, but before he can, he worries about those he will leave behind. As he reflects on the impact of his departure, he realises ultimately where he belongs. This new picture book written and illustrated by Kayleen West, has an entertaining approach as it journeys the reader through a common reaction–fight and flight.

*"A fun and engaging story that helps children explore how emotions can influence decisions.  Kayleen's playful illustrations bring the story to life...and even add another story of their own!  This is a great resource for both parents and teachers to help prepare children for life's tricky moments."*

*Natasha LeBrocq - (Primary Student Welfare Officer)*

Children often struggle to navigate their relationships, emotions and reasoning––Without Me is a picture book for ages 5-9 that introduces escapism in a simple story that will make children (and adults) smile. Over the course of 10 minutes, the child reflects and highlights the simplest pleasures of relationship. The lovable but comical plot ends with a sense of belonging and safety that will gratify the reader.

*Arguably, we’ve all thought of running from difficult situations. Without Me was created for our kids, who live in today’s fast-paced, rash mouse-click decreed internet world. More and more, children struggle with social acceptance and are somewhat virtually socially taught. I created a fun unassuming story that journeys a child through inner dialogue, emphasising healthy reflection with a message of value in reciprocal relationships.*

*I suggest teachers and councillors use Without Me in conjunction with Edward de Bono’s six thinking hats, to build on effective evaluation skills*.

*` Kayleen West (Author)*

This is Kayleen’s second published picture book for 2013, She is working on 3 more tiles for 2014 release. Motivated by stories that encourage and equip children, Kayleen writes and illustrates with a child’s future in mind.

For more information on the author/illustrator and the book visit [www.kayleenwest.com.au](http://www.kayleenwest.com.au)  
Without Me is available in all good bookstores or online at [www.wombatbooks.com.au](http://www.wombatbooks.com.au)

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